

# Ross Rosen, J.D., M.S.T.O.M., L.Ac., Dipl.O.M. (NCCAOM), Board Certified Herbalist

---

## EXPERIENCE

**Chinese Medicine, Acupuncturist/Herbalist; President and Founder, Clinic Director** 1/01 to present  
*Center for Acupuncture and Herbal Medicine, P.A., Westfield, NJ*

- ① Founder and Clinic Director for one of the largest and most respected Chinese medicine clinics in the country.
- ② Evaluation and treatment of patients with a wide variety of disorders, including, pain of all varieties and origins (back, neck, shoulder, knee and limb pain, herniations, sciatica, arthritis, fibromyalgia, trauma), hormonal/endocrine imbalances, PMS, fibroids/cysts, amenorrhea, infertility, prenatal and postnatal, cardiovascular diseases, asthma, allergies, eczema, psoriasis, headaches/migraines, nausea, ulcers, diarrhea, constipation, depression, anxiety, phobias, stress, stop smoking/detox, weight loss/gain, diabetes, insomnia, hepatitis, common colds, flu, chest pain, stroke, paralysis, hypertension, cancer (including chemotherapy and radiation support), hyper/hypothyroid, and many other acute and chronic conditions;
- ③ Responsible for all initial contact with patients, including performing first visits, intakes, history, evaluations, especially a detailed Shen-Hammer Contemporary Chinese Pulse and Classical Chinese Pulse Diagnosis evaluation;
- ④ Responsible for work-up of all patient charts, including diagnoses, and management and treatment plans with detailed work-up of acupuncture and herbal and lifestyle therapies based on Contemporary Oriental Medicine® principles as explicated by Dr. Leon Hammer and Classical Chinese Medicine as taught by Jeffrey C. Yuen.

**Dragon's Landing Indian Lake Adirondack Teaching and Retreat Center; Founder and Director** 4/18 to present  
*Dragon's Landing ADK, Indian Lake, NY*

- ① Initiated teaching and retreat center on the 41 acre Indian Lake property once belonging to Dr. Leon Hammer. This is the home for all of Ross' teachings in the Shen-Hammer and Classical Chinese Medicine lineages, as well as a venue for others to teach. Weekend and week-long retreats and workshops, seminars and classes on all aspects of Chinese medicine and the healing arts are offered.

### **Faculty/Instructor**

*Institute of Traditional Medicine, Toronto, Canada*

- ① Visiting Professor for intensive instruction in Shen-Hammer Contemporary Chinese Pulse Diagnosis.

### **Faculty/Instructor**

*Eastern School of Acupuncture and Traditional Medicine, Montclair, NJ* 2005-2009

- ① Faculty for Oriental Medical Theory class for first year students; continuing education instructor in Contemporary Chinese Pulse Diagnosis.

### **Senior Certified Instructor**

*Dragon Rises Seminars*

2/04 to present

- ① Certified to teach Shen-Hammer Contemporary Chinese Pulse Diagnosis pulse seminars for Dragon Rises Seminars and Dr. Leon Hammer, as well as Contemporary Oriental Medicine® and Dragon Rises, Red Bird Flies, Chinese medicine and psychology

### **Acupuncturist/Herbalist**

3/02 to 9/03

*Orthopedic Medical Center, Plainfield, NJ*

- ① Evaluation and treatment of patients with a variety of musculo-skeletal and neurological disorders secondary to motor vehicle accidents and other significant physical traumas, including spinal injuries and herniated discs, post-concussion syndromes, etc.

### **Acupuncturist/Herbalist**

1/01 to 3/02

*Haelth, L.L.C. - New York, NY*

- ① Evaluation and treatment of chronically ill patients with cancers, heart, lung and neurological diseases, diabetes, etc.

### **Clinical Intern**

1/99 to 12/00

*Pacific College of Oriental Medicine - New York, NY*

- ① Evaluated and treated a wide variety of gynecological, respiratory, musculo-skeletal, gastrointestinal and emotional disorders and medical complaints

### **Clinical Intern**

Winter 2000

Fortune Society – New York, NY

- Evaluation and treatment of patients with various addictions (alcohol, cocaine, heroin, etc.)

**Attorney**

9/96 to 9/97

Hecht & Steckman, P.C. – New York, NY

- Associate with New York securities and corporate law firm specializing in securities litigation and arbitration, transactional and regulatory matters.

**Attorney**

12/95 to 9/96

Office of Public Defender – Newark, NJ

- Represented defendants in appellate matters before the New Jersey Superior Court, Appellate Division.

EDUCATION

**American University of Complementary Medicine – Beverly Hills, CA**

9/07 to present

- Doctor of Philosophy, Classical Chinese Medicine (anticipated 2020)

**Dragon Rises Seminars – Gainesville, FL**

10/01 to present

- Senior Certified Instructor, Shen-Hammer Pulse Diagnosis, Contemporary Oriental Medicine®
- Board of Directors, Dragon Rises Seminars
- Board of Directors, Contemporary Oriental Medicine Foundation

**Pacific College of Oriental Medicine- New York, NY**

9/97 to 12/00

- Master of Science, Traditional Oriental Medicine

**Seton Hall Law School - Newark, NJ**

9/92 to 6/95

- Juris Doctor, Journal of Sport Law, Juvenile Justice Clinic

**University of Vermont - Burlington, VT**

9/88-6/92

- Bachelor of Arts

SKILLS

- Classical Chinese Medicine
- Contemporary Oriental Medicine®
- Shen-Hammer Pulse Diagnosis Senior Certified Instructor (Certified by Leon Hammer, M.D.)
- TCM, Classical, Five Element, Japanese, Meridian Style and Balance Method Acupuncture
- Chinese Herbal Medicine
- Chinese Dietary Therapy and Eastern Nutrition
- Dragon Rises, Red Bird Flies, Chinese Medical Psychology
- Chinese Medical Aromatherapy (Certified by Jeffrey C. Yuen)
- Auricular, Scalp, Wrist/Ankle Acupuncture and Intradermal Needling
- Moxibustion, Cupping, Gua Sha, Bleeding, and Plum Blossom Needling
- Electrical Stimulation and Ion Pumping Cords
- Orthopedic and Neurological Evaluation, Tui Na Massage

PUBLICATIONS

Rosen, Ross, *Heart Shock: Diagnosis and Treatment of Trauma with Shen-Hammer and Classical Chinese Medicine*, Singing Dragon Publications, 2018

Rosen, Ross and Rosen, Ann, *The Dao of Exercise*, Well Being Journal, Vol.25 No.1, January/February 2016,

Rosen, Ross, *Why Pulse*, Golden Flower Chinese Herbs Newsletter, Autumn 2016,

Rosen, Ross, *Handbook of Contemporary Chinese Pulse Diagnosis*, Eastland Press, 2012

- Chapter 3: Basic Axioms and Other Considerations
- Chapter 5: Classification and Nomenclature of Pulse Qualities
- Chapter 6: Rhythm and Stability

Rosen, Ross, Stickley, Brandt and Hammer, Leon MD, *Dr. Shen's Systems Theory*, Nourishing Destiny/Spirit Path Press, Spring 2010

Hammer, Leon MD and Rosen, Ross LAc, *The Pulse, The Electronic Age and Radiation – Early Detection*, American Acupuncturist (Spring 2009)

Rosen, Ross and Stickley, Brandt, *Contemporary Chinese Pulse Diagnosis and Pain*, Chinese Medicine Times, Vol. 3, Issue 4, 2008

Stickley, Brandt and Rosen, Ross, *The Separation of Yin and Yang – Part Two*, Chinese Medicine Times, Vol. 3, Issue 3, 2008

Rosen, Ross and Stickley, Brandt, *The Separation of Yin and Yang – Part One*, Chinese Medicine Times, Vol. 3, Issue 2, 2008

Rosen, Ross and Stickley, Brandt, *Expressions of the Heart*, Chinese Medicine Times, Vol. 3, Issue 1, 2008

Rosen, Ross and Stickley, Brandt, *An Introduction to Contemporary Chinese Pulse Diagnosis*, Chinese Medicine Times, Vol. 2, Issue 6, 2007

Rosen, Ross, *In the Aftermath of McClellan: Isn't it Time For the Sport of Boxing to Protect its Participants?*, 5 Seton Hall Journal of Sport Law 611 (1995);

Numerous web articles (see website); blog articles (see website);

Upcoming books:

*Get Your Health: Exploring Medical Mythunderstandings with Chinese Medicine*

PRESENTATIONS Lectures and workshops are geared at presenting the integrity of the Shen-Hammer and Classical lineages, preserving their essences and demonstrating their clinical uses.

- ② Multiple seminars on Shen-Hammer Pulse Diagnosis (NCCAOM provider/course # ACHB 328-001)
- ② Multiple seminars on Shen-Hammer Pulse Diagnosis (NCCAOM provider/course # ACHB 328-002)
- ② Multiple seminars on Shen-Hammer Pulse Diagnosis (NCCAOM provider/course # ACHB 328-003)  
Some Venues include: Maryland Acupuncture Society (3 weekend course)  
American Association of Medical Acupuncture (AAMA): symposium workshop  
Institute of Traditional Medicine, Toronto: on-going workshops  
Rosemont College, Montreal  
Pro D Seminars: 6 hour webinar  
Lonny Jarrett/Stockbridge, MA: Beginning workshop for on-going students  
Kamwo Meridian Herbs  
Center for Acupuncture and Herbal Medicine: on-going since 2003
- ② Multiple seminars on Classical Chinese Pulse Diagnosis (NCCAOM provider/course # ACHB 328-004/5)
- ② Year-long mentorship seminars on Shen-Hammer and Classical Chinese Medicine integration and synthesis which can be found at [www.rossrosen.com/series/video-webinar-series](http://www.rossrosen.com/series/video-webinar-series)
- ② Multiple seminars on Classical Chinese Medicine channel and collateral systems, including the Sinew channels, Divergent channels and Luo vessels
- ② Frequent lecturer on varied topics within Chinese medicine to companies, organizations, clubs, groups, etc.
- ② Instructor for year-long course on Oriental medical theory at Eastern School of Acupuncture and Traditional Medicine, including, Yin-Yang, 5 Phases, organ energetics, acupuncture theory, channels and collaterals, 4 Examinations, Pulse, Tongue, etc.
- ② Dr. John Shen's Systems Model: Nourishing Destiny online NCCAOM approved PDA course  
<http://www.nourishingdestiny.com/courses/xvi-an-introductory-course-on-dr-john-hf-shens-systems-6-pda-points-nccaom>
- ② [http://www.acupunctureandherbalmedicine.com/forms/Ross\\_Lecture\\_011209.mp3](http://www.acupunctureandherbalmedicine.com/forms/Ross_Lecture_011209.mp3)
- ② <http://www.blogtalkradio.com/Larry-Elliott/2008/10/02/Founder-of-Center-for-Acupuncture-Addresses-Root-Causes-of-Health-Issues->

AFFILIATIONS American Association of Acupuncture and Oriental Medicine  
New Jersey Association of Acupuncture and Oriental Medicine  
Acupuncture Society of New York  
Dragon Rises Seminars, Board Member  
Chief Trustee, Rangnang Ogminling Bendirya Kunphen Ling

ACTIVITIES Fourth Degree Black Belt and Instructor, Chinese-Hawaiian and Shaolin Kempo  
Taijiquan (Chen style and Yang style)  
Shaolin and Daoist Qigong  
Tibetan Buddhism  
Daoism: Quanzhen Longmen Daoist Priest ordination Nov. 2018  
Meditation

ADVANCED  
STUDIES

Shen-Hammer Contemporary Chinese Pulse Diagnosis: on-going study with Dr. Leon Hammer since 2001

Contemporary Oriental Medicine: on-going study with Dr. Leon Hammer since 2001

Dragon Rises, Red Bird Flies: Chinese medical psychology: on-going study with Dr. Leon Hammer since 2001

Classical Chinese Medicine: on-going studies with 88<sup>th</sup> Generation Daoist Priest, Jeffrey C. Yuen since 2006

Coursework includes:  
(but not limited to):

Classical Chinese Pulse Diagnosis  
Sinew Meridians (3 credits)  
Divergent Meridians (3 credits)  
Luo Vessels (3 credits)  
8 Extraordinary Vessels (3 credits)  
Primary Meridians (4 credits)  
Nei Jing Su Wen (3 credits)  
Nei Jing Ling Shu (3 credits)  
Nan Jing  
Chinese Medical Psychiatry of Sun Si-Miao (2 credits)  
Manifestations of Shen  
Cancer Treatment  
Essential Oils/Chinese medical aromatherapy (year long), including:  
Pediatrics, Geriatrics, Dermatology, Cosmetics,  
Musculoskeletal, Lymphatics, Vascular, Internal ingestion  
(Medical aromatherapy), Shen disturbances, Alchemy,  
Constitutional imbalances, Sinews, Divergents, Primary's, Luo,  
8 Extras, etc.  
Addictions  
Abdominal Diagnosis (1 credit)  
Chinese medical palmistry (1 credit)  
Chinese Dietary Therapy  
Classical Chinese Gynecology  
Daoism  
Qigong  
Abdominal Diagnosis (1 credit)  
Curious Organs (2 credits)  
Pediatric Infectious Diseases (2 credits)  
Longevity  
Endocrinology  
Chinese Herbal Medicine and specialties (year long), including:  
Wai Ke/External Medicine, EENT, Musculoskeletal Disorders,  
Bi Syndromes, Wei Atrophy, Respiratory Conditions,  
Exogenous Conditions, Phlegm, Neurological Disorders,  
Dermatology, Wen Bing, Gastrointestinal, Immune,  
Reproductive, Gynecology, Endocrinology, Shen disorders, etc.

Mandarin language studies